

## Team Ideal V4 U: Educational Empowerment and Psychosocial Development for Rural Gems.



### **IDEAL COLLEGE FOR ADVANCED STUDIES**

( Affiliated to University of Calicut )

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## **Team Ideal V4 U: Educational Empowerment and Psychosocial Development for Rural Gems.**

### **Objectives of the Practice:**

- ❖ Providing comprehensive educational support for rural students by enhancing accessibility to quality educational resources.
- ❖ Organise community rebuilding efforts to restore shelter and other infrastructure.
- ❖ Extending psychosocial support to rural students through counseling and awareness programs.

### **The Context:**

Ideal College is located in a region predominantly populated by rural communities, where students often face challenges. Access to quality educational resources is limited, and students frequently encounter psychosocial issues that can restrict their academic progress. The area's susceptibility to natural disasters, such as floods, further disrupts their education and daily lives. Recognizing these obstacles, Ideal College established Team Ideal V4 U to address these needs comprehensively.

### **The Practice:**

Team Ideal V4 U embodies the spirit of community service focusing on three core areas:

1. Educational Support for the Rural Luminaries:



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Recognizing the potential of rural students, the institution provides learning assistance. Students Tavanur Panchayat receive basic foundation classes and special coaching for difficult subjects like Mathematics exclusively for SSLC students entitled 'Success March'.

## 2. A Healing Home: constructing home for Flood-Affected Families:

Understanding the devastating impact of floods, the institution initiates to construct two new dream homes for flood affected families along with providing essential supplies, and medical aid to ensure their well-being.

## 3. Extending Psychosocial Support for Rural Students and senior citizens

Addressing the emotional and psychological well-being of the rural students and senior citizens faculties and students of the institution provide professional counseling services to maintain their focus in education and other aspects of life.

### **Evidence of Success:**

- ❖ Institution successfully conducted a series of basic foundation classes exclusively for SSLC students entitled 'Success March'. Around 350 students participated from different schools such as AUP School Pookarathara, Govt. Children's Home, Tavanur, GUP School Vellanchery, KMGVHSS Tavanur and KMHM Banath Yatheemkhana and GHSS Kadanchery.
- ❖ The healing home initiative provided rehabilitation for the two families affected by floods in Nilambur, earned recognition from the community and local authorities.
- ❖ Psychosocial support enhanced the overall well-being of students and senior citizens, addressed mental health issues and equipped them to face stress and adversity.



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## Problems Encountered and Resources Required:

- ❖ The unpredictability of natural disasters poses significant challenges in providing timely aid and support. Coordinating relief efforts and ensuring the safety of students and staff during such events require meticulous planning.
- ❖ Limited financial resources can constrain the scope of educational and psychosocial initiatives. Securing sufficient funding for programs, resources, and infrastructure improvements is an ongoing challenge that impacts the continuity and expansion of these efforts.

### Notes:

Team Ideal V4 U exemplifies the institution's commitment to the holistic development of its students and the community. By addressing educational and psychosocial needs, the college promotes a nurturing environment where rural students can prosper. This initiative not only empowers individuals but also contributes to the broader goal of social upliftment and resilience.